



香港輔導教師協會

Hong Kong Association of Careers Masters and Guidance Masters

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16 November 2010

To: Careers Master/Mistress/Teacher

Dear Sir/Madam,

Special Workshops: Basic ingredients of effective career counseling, and
Positive psychology and career counseling/guidance

I am pleased to inform you that the Association will co-organize the captioned workshops with the Faculty of Education & Hong Kong Institute of Educational Research, CUHK. It is our honor to have Prof. Mary J. Heppner from Department of Counseling Psychology at the University of Missouri (MU) in US to conduct the workshops which revitalize our professional knowledge on career counseling and positive psychology. The details are as follows:

Topic: Basic ingredients of effective career counseling (AM session);

Positive psychology and career counseling/guidance (PM session)

Date: 27 November 2010 (Saturday)

Time: 9:30 am -12:30 pm; 1:30 pm – 4:30 pm

Venue: Lecture Theatre 1, 1/F., Teaching Complex at Western Campus, Central Campus 西部教學大樓,
CUHK

Please refer to the Appendices for an overview of the program and biosketch of Prof. Heppner. If you wish to attend the workshop, please complete the e-form by going to the following link before 24 November 2010: <https://spreadsheets.google.com/viewform?formkey=dGZ2WVpvMnFGZmlkeUhwV0R0U2x0Wmc6MQ>.

Thank you for your kind attention. For any inquiries, please contact Miss Leung at 2671 1722.

Yours sincerely,

Dr. HO Yuk Fan Esther
Chairperson
HKACMGM

Appendix 1: Overview of the Workshop

AM session: Basic ingredients of effective career counseling

- I. Career Counseling: A Life Career Developmental Perspective.

This section will be an overview of the key stages of the career counseling process that we have written about in our text: Gysbers, N. C., Heppner, M. J., Johnston, J. A. (2009). Career counseling: Contexts, process and techniques. Alexandria, VA: American Counseling Association.

- II. The Structure of Career Counseling: The Primacy of the Working Alliance

This section will highlight the critical nature of the working alliance in the process of career counseling including the three key elements of building a strong alliance.

- III. Career Theories: Mining the Gems for Practice

This section will distill the “gems” of career counseling theory from a practitioner’s perspective, bringing theory to life and highlighting the relevancy and helpfulness of theory for practitioners.

- IV. The Role of Problem Solving Appraisal in Career Development

This section will highlight Dr. Puncy Heppner’s work on the role of a person’s problem solving appraisal on their career development. Participants will be able to take the Problem Solving Inventory (PSI: Heppner P. P.) and then hear how this appraisal applies to working with career counseling.

PM session: Positive psychology and career counseling/guidance

- V. The Role of Positive Psychology in Career Development.

This section examines the growing field of positive psychology and how selected constructs being studied within this field (strengths, flow, optimism) have application to career development.

- VI. The “Long View”: Distilling Key Elements of Effective Career Counseling

This section will highlight what I believe (after 30- plus years as both a practitioner and a researcher in the field of career development) to be some of the most important concepts in the field, ones that have shaped my research and practice.

Appendix 2: Biosketch of Prof. Mary J. Heppner, PhD



Mary J. Heppner, Ph.D. is a Professor of Counseling Psychology at the University of Missouri (MU). She is the author of four books, two assessment measures, and over a hundred journal articles primarily in the area of vocational psychology. As Associate Director of the Career Center on the MU campus she is both a practitioner and scientist. Dr. Heppner was awarded a Fulbright fellowship to conduct research and teach in Taiwan. She is also the recipient of many awards including the John Holland Award for Outstanding Achievement in Career and Personality research, the American Psychological Association (Division 17) Early Scientist Practitioner, and the Chancellors Award for her work with women on her campus, nationally and throughout the world. She has won one of the highest teaching awards her university grants: The Kemper Award for Excellence in Teaching. She has also been named her MU's Outstanding Graduate Mentor for her work with graduate students. She is currently the Training Director of MU's nationally ranked Counseling Psychology doctoral program.

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